



SANTA MARINA
ARACHOVA
RESORT & SPA

SPA MENU



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TIMELESS MASSAGE TREATMENTS

SENSORY AWAKENING CANDLE MASSAGE

50 minutes • 80 minutes

Through a lovely perfumed ambiance, the massage with oil from hot candles creates a memorable experience. The subtle creamy hot candle oil slides over the body nourishing deeply the skin, while a combination of various massage pressures, stretches and continuous movements, relaxes the muscular system, stimulates the blood microcirculation helping the body to eliminate all the daily stress by inviting you into a joyful sensorial escape.

MUSCULAR UNWIND MASSAGE

50 minutes • 80 minutes

A deep and stimulating massage that relaxes your muscles to release tensions. The rhythm, pressure and frequency of the stretching are chosen by you so that you can personalize it.

REVITALISING FACE & UPPER BODY MASSAGE

50 minutes

This indulgent treatment targets tension held in the head, neck and upper torso. It begins with gentle exfoliation of the back, uplifting upper body and head massage.

MOUNTAIN CEREMONY

30 minutes

It's a skier's essential. The muscle recovery provided by this invigorating massage will considerably reduce aches and pains caused by your efforts on our snow-covered slopes. Your legs, thighs, trapezius and arms will feel soothed and relaxed.



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FACIAL TREATMENTS

THE AWAKENING FACIAL

50 minutes

Experience instant rejuvenation with this firming, re-plumping anti-aging face and neck treatment with a double peel application followed by a lifting mask. The face massage with Kobido techniques, restores fullness and redefines volume in the face and neck.

THE MINDFUL FACIAL

80 minutes

This pioneering facial treatment has been designed to restore natural skin balance. Offering an effective skin peel with the latest scientific enhancements, including LED blue light and high frequency, deliver deep cleansing and antibacterial benefits for optimal results. Recommended for blemish prone, acnescarred, oily, or combination skin types.

ADD-ONS

LED LIGHT THERAPY

20 minutes

This treatment simultaneously uses red and blue LED light to eliminate under-eye wrinkles and fine lines whilst eliminating acne-causing bacteria and improving tone for youthful-looking skin. An advanced treatment to heal skin from within.

RECOVERY AIR SESSION

30 minutes

Sit back, relax and recover faster with a Normatec 3.0 Leg Recovery System. This compression therapy enhances circulation, reduces muscle soreness, and promotes faster recovery by using dynamic air compression to massage and revitalize your legs.

SEA SALT SCRUB

25 minutes

Great before your massage for stimulating circulation, exfoliating dead skin cells and to prepare the skin for the nourishing qualities of our massage oils.



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OPENING HOURS

10:00 to 22:00 hours. Last appointment at 21:00 hours.

SPA ACCESS

The access to the Spa is complimentary for all guests staying at the Santa Marina Arachova Resort & Spa. Our indoor pool is open for the whole family from 10.00 am - 9.00 pm. Children under 14 years should be always accompanied by an adult just in case.

RELAX

We encourage you to arrive at least 15 min before the beginning of your treatment. The steam bath or sauna is recommended prior to your Spa treatment as it will relax your body and make your experience even more enjoyable.

RESERVATIONS AND CANCELLATIONS

An early reservation is recommended.

Please contact us at +30 22670 31954 or arachova@santa-marina.gr. Cancellations or rescheduling of appointments less than 12 hours prior to the reserved appointment are subject to a 100% cancellation charge. Prices and treatments are subject to change.

CHANGING ROOMS

Kindly note that we are not responsible for any valuables brought into the Spa. Please respect all guests' right to privacy and serenity (noise, mobile phones and electronic devices, etc).

LATE ARRIVAL

For your information, late arrival will reduce the length of your treatment, unless the schedule allows our therapists to take their next scheduled appointment on time.

DAY SPA

For external guests the Santa Marina Arachova Resort & Spa is open from 10.00 am until 9.00 pm at 50€ and on reservation. With a treatment booking of 50 min. The entrance is free of charge.



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